



## **The Therapeutic Drumming Foundation**

Training in 2010, suitable for: -  
Practitioner Qualification  
Continuing Professional Development

Clearly defined syllabus  
Accreditation of prior learning  
Flexibility for individual students

Modules can be taken as free standing CPD  
Certificates of attendance for all modules  
Simple transfer from previous programme  
Opportunities for further study and research

This training will be of interest to: -  
People already working therapeutically with drums  
Professionals in education, social care and health  
Drum circle facilitators

**Graduates of previous courses are now applying their learning in a multitude of settings**

The award of the Diploma involves attendance at all nine modules over a period of between 12 and 36 months and the submission of a practice portfolio, an essay and a learning statement.

### **The New TDF Diploma in the theory and practice of therapeutic drumming and rhythm work.**

A programme of nine modules organised in three groups. Each group requires attendance at a four day workshop

**Group One: The field guide to therapeutic drumming**

**Module One: The therapeutic benefits of drumming and rhythm work**

**Module Two: Drumming as communication in therapy.**

**Module Three: Developing Practitioner reflexivity through drumming**

**Group Two: Theory and practice**

**Module Four: The foundation theory of therapeutic drumming.**

**Module Five: Effective group work**

**Module Six: Applications of the foundation theory of therapeutic drumming.**

**Group Three: Personal Development**

**Module Seven: Drumming as Interpersonal Process**

**Module Eight: Drumming in Guided Exploration**

**Module Nine: Drumming in Facilitated Development Group Work**



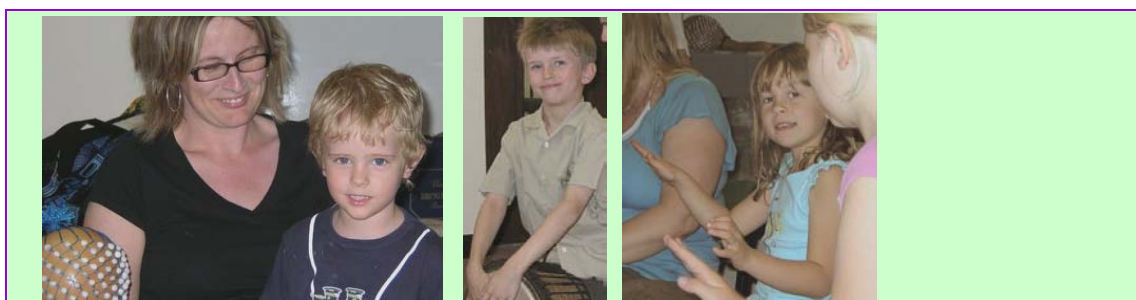
*Our main programme of courses is based at: - Jury's Inn, Waterside Plaza, Station Street, Nottingham, NG2 3BJ.*

*Discounted accommodation is available for TDF attendees.*

*This is an extremely comfortable training venue, easily accessible whatever your mode of transport from anywhere in the world.*

*The train station, tram terminus and main bus station are all within 400 metres and there is a shuttle to East Midland Airport.*

**Contact: - Hazel 07930271387 [hazel@todrumfor.com](mailto:hazel@todrumfor.com)  
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# Training in Therapeutic Drumming at The Therapeutic Drumming Foundation



## TDF Training in Therapeutic Drumming and Rhythmwork

We have been reflecting on feedback from potential students for our new Training programme. In response to this we are now planning to deliver the course in a format of **3 extended weekends** rather than the 9 short weekends originally planned. Each extended weekend will run from Friday tea-time through to late on Tuesday afternoon.

**Full Diploma now only £1975 (full cost) – a saving of £525**

**CPD modules now extended and still available at £250**

### Benefits of the new programme

- Lower cost
- Less travel

- More efficient use of resources
- More efficient use of time
- Potential for deeper engagement in the training process
- More suited to those travelling from greater distances

Although there will be fewer training days than previously planned we will spend less time having to reconnect with people and ideas and have more time available for further experience and understanding.

### **Detail of new programme**

We will still be covering the nine previously described modules but these will now be taught as a whole, within the groups they had been placed in. We will also be offering the opportunity to take the first half of each training block as a stand-alone CPD module (ie. Fri eve – Sun afternoon).

The dates for our new programme are: -

- Friday 19<sup>th</sup> March 2010 at 6pm to Tuesday 23<sup>rd</sup> March 2010 at 4.30pm
- Those taking the weekend CPD option will finish on 4.30pm on Sunday
- Friday 8<sup>th</sup> October 2010 at 6pm to Tuesday 12<sup>th</sup> October 2010 at 4.30pm
- Those taking the weekend CPD option will finish on 4.30pm on Sunday
- Friday 20<sup>th</sup> May 2011 at 6pm to Tuesday 24<sup>th</sup> May 2010 at 4.30pm
- Those taking the weekend CPD option will finish on 4.30pm on Sunday

Thanks to the changes in the programme we are now able to **offer the whole Diploma at a cost of £1975** (£1725 plus £250 for support of practice and written work); this is **down from the £2500 we would previously have had to charge for the full Diploma**. Each block can be booked separately at a cost of £575 and will give you three modular certificates.

**CPD weekend modules will still cost £250** - with the addition of the Friday evening for **FREE...**

These are our maximum prices; **please talk to us about getting discounts of up to 40%**, depending on your circumstances.

Thank you for your interest in our programme. Please contact us for further detail of this new, less expensive, programme – we would be happy to discuss your requirements. We'd be really keen to get you ready for coming on the course by giving you the detail and pre-course reading – please use the new, revised application form attached – with the new dates listed.

We look forward to hearing from you,

Barry and the TDF team





## **The Therapeutic Drumming Foundation Training in 2010-2011 Practitioner qualification and continuing professional development**

### **The New TDF Diploma in the theory and practice of therapeutic drumming and rhythm work.**

A programme of nine modules organised in three groups. Each group entails attendance at an intensive workshop lasting from Friday afternoon to the following Tuesday. The nine modules are essential for those wishing to progress to a diploma. The content of the modules is of a practical and experiential nature with a minimum of didactic input. In order to gain a diploma a good deal of theoretical understanding will be required and this will be gained through individual study including guided reading outside of the modules.

#### **Group One: The field guide to therapeutic drumming**

The modules in this group give a comprehensive introduction to Therapeutic Drumming and an overview of current theory and practice. Each of the modules will examine the connections between various aspects of the theory and will place an emphasis on one specific area.

#### **Module One: The therapeutic benefits of drumming and rhythm work**

We know that drumming has beneficial effects. Module one looks at the range of those effects and the available evidence.

#### **Module Two: Drumming as communication in therapy.**

Module two examines the nature of a beneficial or therapeutic relationship and how it can be applied using drumming as a means of communication.

#### **Module Three: Developing Practitioner reflexivity through drumming**

In order to facilitate positive outcomes for others a high level of self awareness is required of the practitioner. This module looks at ways in which that requirement can be met.

#### **Group Two: Theory and practice**

The modules in this group examine theory in detail and look at how it can be applied in practice.

#### **Module Four: The foundation theory of therapeutic drumming.**

Module four entails a comprehensive examination of all aspects of the theory.

#### **Module Five: Effective group work**

Module five uses the theory to build model of effective group work.

#### **Module Six: Applications of the foundation theory of therapeutic drumming.**

Module six looks at the wide range of work being done in the world of therapeutic drumming

### **Group Three: Personal Development**

The modules in this group give opportunities to experience directly the beneficial effects of drumming. They also demonstrate modes of practice which can be applied to a wide variety of settings

### **Module Seven: Drumming as Interpersonal Process**

Module seven is structured in such a way that specific interpersonal skills can be practiced and evaluated

### **Module Eight: Drumming in Guided Exploration**

Module eight consists of a framework of activities through which individuals can increase self awareness

### **Module Nine: Drumming in Facilitated Development Group Work**

Module nine consists of open process group work facilitated to enable participants to encounter others through communicative drumming

### Notes

1. These modules can be taken as free standing Continuing Professional Development CPD
2. The award of a diploma is dependent upon attendance at all nine modules over a period not exceeding 3 years and the submission of the required work of an adequate standard
3. Certificates of attendance will be available for all modules
4. The 9 modules can be taken over one two or three years if working toward the qualification and over an indefinite period otherwise
5. The diploma will be regarded as a practitioner qualification
6. An advanced diploma will be available by dissertation
7. There will be provision made for the accreditation of prior learning
8. There will be systems put in place for students part way through the old programme to transfer in

### **Journalling**

It is strongly recommended that learners keep a journal throughout their period of study. In any learning process- especially one which is experiential- it is easy to let the progress you make go unnoticed simply because there is a tendency to forget our starting point and our stops along the way when we are focussing on "now". More advice on journalling will be made available

### Requirements for award of diploma

The diploma will be awarded to students who meet the following requirements

- A. Attendance at all nine modules during a period not exceeding 36 months. A further 12 months can be taken to complete the other requirements. Attendance implies full and active participation in the modules.
- B. Completion of an essay of between 4000-5000 words on the theoretical foundation of therapeutic drumming.
- C. Completion of a personal learning statement of between 2000-3000 words outlining own development during the training period
- D. Completion of a Practice Portfolio containing
  1. LOG a chronological log of work done indicating; date, time and place; customer and client group; size of group; type of activity; students role and input; aims and outcomes -2000 words
  2. VIDEO AND COMMENTARY a video recording of the students work - at least 30 minutes in duration - with accompanying analysis by the student. Rather than producing a piece of perfect work the aim should be to demonstrate an understanding of the process of the session 2000 words
  3. SESSION REPORTS accounts of five different sessions in which the student has worked - reflecting variety in practice and looking at the work in greater depth than in the log - 2500 words
  4. POSITION STATEMENT - a description of the students professional position at this point - a self written progress report - 500 words
  5. OTHER EVIDENCE any material deemed relevant by the student. It might include testimonials and feedback and further illustrations of the students work.
  6. EVALUATION. Self and peer assessment

Detailed criteria will be made available for each of the requirements

### **Course structure Dates in 2010-11**

- Friday 19<sup>th</sup> March 2010 at 6pm to Tuesday 23<sup>rd</sup> March 2010 at 4.30pm
- Those taking the weekend CPD option will finish on 4.30pm on Sunday
  
- Friday 8<sup>th</sup> October 2010 at 6pm to Tuesday 12<sup>th</sup> October 2010 at 4.30pm
- Those taking the weekend CPD option will finish on 4.30pm on Sunday
  
- Friday 20<sup>th</sup> May 2011 at 6pm to Tuesday 24<sup>th</sup> May 2011 at 4.30pm
- Those taking the weekend CPD option will finish on 4.30pm on Sunday

Each module can be taken as a self contained stand alone unit. In the programme for 2010-2011 the first module in each group can be accessed in this way.

In each of the workshops there will be a public drum circle from 2pm to 3.30pm on the Sunday. These are an integral part of the learning process.

This is intensive practical training taking place within a limited timeframe. Students should ensure that they are able to attend for the full timetable.

#### **Accreditation of prior learning by training or experience.**

Many students come to us having already worked in this field and most have found it beneficial to follow the complete programme. We recognise however that some people may wish to have their prior learning recognised and set against some of the course requirements. Any student wishing to do this should discuss it with us. For any part of the course to be by passed the student would need to present substantive evidence that they had already achieved the learning available in that part. There would of course be a fee to pay for the evidence to be evaluated and the collection of evidence can sometimes be as time consuming as doing the course.

#### **Transferring in from the previous courses**

If you have done any of the training in our previous programme you can make use of it to work toward this qualification.

To gain the new diploma you would need to complete the required assessed work - and this might be by updating what you have already done.

In terms of attendance the following would apply

You have already completed....	You would need to add...
The old introductory course	8 modules
The old certificate	5 modules

An advanced diploma.

There will be opportunities for students who complete the diploma to go on to an advanced qualification by dissertation.

In very exceptional circumstances - it might be possible for some students who attend the full programme to be admitted directly to the advanced qualification

Trainee trainers

We are looking to increase the number of people available to deliver this training. You are welcome to identify yourself to us as a potential trainer at any stage during your training. We would normally expect you to complete your own training and then work alongside experienced members of the team for a number of sessions before becoming certificated.

# Therapeutic Drumming Foundation



70 Somersby Road, Mapperley, Nottingham. NG3 5QA

## Application to join modular training programme 2010.

Please give us as much detail as you wish; if you have more to write in any of the boxes please continue on a separate sheet.

Please enclose a photograph of yourself so that we can recognise you.

Full Name	
Preferred name	
Date of birth	
Address	
Zip or Postcode	
Telephone 1	
Telephone 2	
Telephone 3	
email (please print clearly)	
Emergency contact	

How did you first learn about the TDF?

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What are your main reasons for wanting to do this course?

What previous experience do you have of drumming?

What previous experience do you have of therapeutic work?

Please tell us about any other relevant work or training that you have done.

Do you have any particular needs which you think we should know about to allow you to attend this training.

Please tick the modules for which you are applying at this time: -

<b>Weekend Only CPD route</b> <b>Module One:</b> The therapeutic benefits of drumming and rhythm work	<b>19th – 21st March 2010</b>	
<b>Diploma Route</b> <b>Group One: The field guide to therapeutic drumming</b> <b>Module One:</b> The therapeutic benefits of drumming and rhythm work <b>Module Two:</b> Drumming as communication in therapy <b>Module Three:</b> Developing Practitioner reflexivity through drumming	<b>19th – 23rd March 2010</b>	
<b>Weekend Only CPD route</b> <b>Module Four:</b> The foundation theory of therapeutic drumming.	<b>8th – 10th October 2010</b>	
<b>Diploma Route</b> <b>Group Two: Theory and practice</b> <b>Module Four:</b> The foundation theory of therapeutic drumming. <b>Module Five:</b> Effective group work <b>Module Six:</b> Applications of the foundation theory of therapeutic drumming	<b>8th – 12th October 2010</b>	
<b>Weekend Only CPD route</b> <b>Module Seven:</b> Drumming as Interpersonal Process	<b>20th – 22nd May 2011</b>	
<b>Diploma Route</b> <b>Group Three: Personal Development</b> <b>Module Seven:</b> Drumming as Interpersonal Process <b>Module Eight:</b> Drumming in Guided Exploration <b>Module Nine:</b> Drumming in Facilitated Development Group Work	<b>20th – 24th May 2011</b>	

Please tick the following criteria which apply to you. **We may require evidence for some of these.**

• Over 60	
• Registered disabled	
• Unwaged	
• Self funded	
• Full time student	
• Studying Counselling at Castle College, Nottingham	
• 18 – 25 years old	
• Booking and paying early (60 days before module begins)	
• Block booking modules (3 or more)	
• Attending as a group of 2 or more	
• A graduate of previous TDF training	

**Please return this application to: -**

Hazel Honeyman-Smith  
TDF  
70 Somersby Road  
Mapperley  
Nottingham  
NG3 5QA

Please **enclose a non-refundable deposit of £75** or a statement from an employer or organisation that they intend to pay this. **Cheques should be made payable to the Therapeutic Drumming Foundation.**